

Are you a young carer aged 5-18?

Why not come along & join in with our new groups in

RUSHCLIFFE, GEDLING, BROXTOWE

GET TO MEET OTHER YOUNG CARERS

A BREAK FROM YOUR CARING ROLE

TAKE PART IN FUN ACTIVITIES



Primary group ages 5-11 yrs

Secondary group ages 12-18 yrs

If you wish to refer a young carer please visit our website

www.aycnottingham.co.uk to download a referral form from County resources alternatively please contact us on **0115 962 9351**

A FREE AND CONFIDENTIAL SERVICE THAT SUPPORTS

YOUNG CARERS IN NOTTINGHAM COUNTY